

## SHAC Meeting 10-29-18

Ashley from Texas Health Steps and Star Program spoke about resources they offer. Assistance with finding a doctor or dentist, transportation to appointments, teen mom assistance, caseworkers, migrant family assistance, etc. Packets given to a nurse on each campus with information regarding services.

Diabetes Walk is scheduled for November 29th and 30th for all campuses. The HS and MS will walk will be on the 29th and the elementary will be on the 30th. The HS and MS will sell bottled drinks such as water and/or gatorade that have been donated by parents to raise money during the walk. The elementary will have a concession stand set up with healthy snacks and water bottles that have been donated by local businesses. All proceeds will go to the American Diabetes Association. Adult volunteers will be needed to help run the elementary concession stand along with HS student volunteers.

Susan McIntyre reported approximately 120 flu shots were given by CVS during employee flu shot clinics October 5th and 19th.

Mrs. Keel encouraged the committee to have leadership by community members. Trina Payton and Anita Marshall agreed to co-chair the committee. Jerry Lesikar agreed to help plan events. Susan McIntyre volunteered to ask Kim Cooper and Sean Morris if they would like to help Jerry with event planning.

Vital Care will set up at the girls and boys basketball games on Jan 29th from 5:00-8:00. There will be tools for screening as well as raffle items for those who participate.

It was decided to pack fruit boxes for the "Friday Crew" to send home over the Christmas break as well as Spring Break. Anita reports Vital Care will help sponsor fruit and boxes. We will pack boxes on Dec 19th at 6:00 pm in the Elementary Cafeteria for our next meeting.