

SHAC MEETING MINUTES
Thursday, January 4 @ 7 p.m.

Members present:

Shari Cosentino
Kim Cooper
Leah Flowers
Mike Kahler
Debra Keel
Jessica Luzadder
Emily Masonheimer
Susan McIntyre
Sean Morris
Trina Payton
Mitch Russell
Amanda Smith
Annette Stacy
Brandy Swafford
Michelle Tedder

Debra Keel

1. Introduction of SHAC and what is required.
2. We need to add specific objectives for our overall goals.
3. We need to review the wellness plan. Both of these things can be done at the next meeting.

Susan McIntyre

1. Update regarding Life Center and Diabetes Awareness.
1. Approximately 90 employees received flu shots through the school sponsored Walgreens flu shot clinic.

Emily Masonheimer

2. \$4,634.26 was donated to ADA from our Diabetes Awareness Walk.

Trina Payton

1. Vital Care Urgent Care will be at the basketball games January 26 to do blood pressure checks.
2. CPR will be offered later in the school year for the community.
3. Gave suggestions about projects for the community.
4. February 12 is the next meeting. We will plan to define our objectives and adopt our wellness plan.

Meeting began at 7:05 and was adjourned at 7:46.